

Cynthia R. Cernak, D.P.M.

1521 43rd Ave

Kenosha, WI 53142

(262) 818-3433

PRIVATE PRACTICE:

Wisconsin Neuropathy Center, L.L.C.

8600 75TH Street, Suite 103

Kenosha, WI 53142

(262) 697-4301

HOSPITAL AFFILIATIONS:

Children's Hospital of Wisconsin

6308 8th Ave., Kenosha, WI 53143

262-656-2261

Inactive at this time

St. Luke's Hospital and Medical Center

Milwaukee and South Shore, Cudahy

Inactive at this time

Lakeland Hospital, Elkhorn

Inactive at this time

All Saints Medical Center

3801 Spring St., Racine, WI

262-687-4011

1997- present

Aurora Medical Center, Kenosha

10400 75th St., Kenosha, WI 53142

262-948-5600

1994 – present

Thorek Hospital Medical Center,

850 W. Irving Park, Chicago IL

773-525-6780

Inactive at this time

United Hospital Systems

- Kenosha Medical Center Campus

6308 Eight Avenue, Kenosha, WI

262-656-2011

Inactive at this time

- St. Catherine's Medial Center Campus

9555 76th Street, Pleasant Prairie, WI

262-656-2011

Inactive at this time

Cynthia R. Cernak, D.P.M.

LICENSE:

State of Wisconsin, Certificate No. 614-025	10/31/2007
State of Illinois, Certificate No. 016 004 331	10/31/2007

RESIDENCY:

Dr. Lee Simeoni Podiatric Medicine and Surgery 1990 – 1991
1 year fellowship, Chicago, IL

Dr. McGlammery Reconstructive Foot Surgery
6 week fellowship, Atlanta, GA 1990

North Chicago V.A. Residency in Podiatric Medicine
And Surgery, North Chicago, IL 1989 – 1991

EDUCATION:

Dr. William M. Scholl College of Podiatric Medicine 84-6/89
Doctorate in Podiatric Medicine

University of Wisconsin – Madison
Master of Music, and post graduate doctoral level
work in Chamber Music 1972 - 74

Lawrence University – Appleton, WI
B.M. in Music Education and Applied Violin 1970

Mary D. Bradford High School – Kenosha, WI
Diploma 1966

PROFESSIONAL ORGANIZATIONS:

American Association for Women Podiatrists,

American Podiatric Medical Association,

American Podiatric Medical Post-Graduate Association,

Wisconsin Podiatric Medical Society,

Dr. William Scholl College of Podiatric Medicine – Alumnae Association
Board of Directors, 2005-Present

Who's Who in Diabetic Treatment, Education & Research, Kenosha
Women Physicians Network.

Illinois Independent Physicians Association

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BOARD CERTIFICATIONS:

Fellow–American College of Foot & Ankle Orthopedics & Medicine	1995
Fellow-American College of Foot & Ankle Surgeons	1995
Diplomat-American Board of Podiatric Surgery	1995
Diplomat -American Board of Podiatric Orthopedics And Primary Podiatric Medicine	1993
Fellow-Institute Peripheral Nerve Surgery	2004
Recertified in Podiatric Foot Surgery recertification 2014	2004
Recertified in Podiatric Orthopedics	2004

CERTIFICATIONS:

Basic Life Support – Updated Yearly
Advanced Cardiac Life Support – Current
Basic Fixation Technique
Advanced Fixation Technique
Laser Certification
Arthroscopic Ankle Surgery Certification
History & Physical Certification
Plastic Surgical Techniques of Grafting the Foot
Basic Microscopic Surgical Techniques
American Heart Association Heart Saver Course
Administrator of Peripheral Somatic Sensory Nerve Testing

CONTINUING MEDICAL EDUCATION:

The Podiatry Institute Basic Internal Fixation (Credit – 4)	Tucker, GA 9/21/89
The Podiatry Institute Advanced Internal Fixation (Credit – 4)	Tucker, GA 9/21/89
The Podiatry Institute Reconstructive Surgery of the Foot & leg (Credit – 18) 1989 - 26CME	Tucker, GA 9/22 -24/89
Midwest Podiatric Conference (Credit – 12.5)	Chicago, IL 5/6 – 8/90
Wenske Laser Institute	Ravenswood Hospital
Current/Future Application of Lasers in Podiatric Medicine (Credit -14)	Medical Center 9/21 – 22/90
Scholl College of Podiatric Medicine Diagnosis & Management of Foot Infection (Credit – 6) 1990 – 32.5 CME	Chicago, IL 12/15/90

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CONTINUING MEDICAL EDUCATION: (CONTINUED)

Symposium of Contemporary Podiatric Practice	Tucker, GA 1/11 – 12/91
Post-Graduate Course in Medical & Surgical Techniques of the Foot, Ankle & Leg (Credit – 67)	Tucker, GA 1/20 – 25-91
Midwest Podiatric Conference (Credit – 12)	Chicago, IL 4/12 – 14/91
1991 – 79 CME	
Loyola University Management of the Diabetic Foot (Credit – 7)	Chicago, IL 10/14/92
School College of Podiatric, Medicine A Practical Approach of Prescribing Foot Orthotics (Credit – 5)	Chicago, IL 11/13/92
Health Career Learning Systems: Implementing An OSHA Program (Credit – 5)	Milwaukee, WI 10/23/92
California College of Podiatric Medicine Review Course – Surgical Board (Credit – 28)	CA 12/3 – 6/92
1992 – 45 CME	
Scholl College of Podiatric Medicine IPMSA Mid-Winter Seminar (Credit – 12)	Chicago, IL 1/22 – 23/93
OUM & Associates Diagnosing the Health of Your Practice	3/7/93
Midwest Podiatric Conference (Credit – 7.5)	Chicago, IL
Intensive Review Course for Certification (Credit – 44)	Harrisburg, PA
University of Wisconsin Annual Podiatric Medical Conference (Credit – 5)	Madison, WI 9/24/93
Loyola University Management of Neuropathic Disease (Credit – 7)	Chicago, IL 10/20/93
St. Francis Hospital Arthroscopic Surgery of the Foot & Ankle, by Dr. Gould (Credit – 11)	Milwaukee, WI 10/22 – 23/93
1993 – 90.5 CME	

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CONTINUING MEDICAL EDUCATION: (CONTINUED)

Scholl College of Podiatric Medicine Modern Advancements in Podiatric Medicine (Credit – 12)	Chicago, IL 1/14 – 15/94
The Podiatry Institute (Credit – 29)	Tucker, GA 3/16 -19/94
University of Wisconsin Annual Podiatric Medical Conference (Credit – 5)	Madison, WI 9/30/94
Rush Medical College Update in Asthma Management (Credit – 4) 1994 – 50 CME	Chicago, IL 10/18/94
Midwest Podiatric Conference (Credit – 12)	Chicago, IL 3/30 – 4/1/95
American Podiatric Medical Association (Credit – 1.6)	Seattle, WA 8/10 – 12/95
University of Wisconsin Annual Podiatric Medical Conference 1995 – 18.6 CME	Madison, WI 9/29/95
Midwest Podiatric Conference (Credit – 22)	Chicago, IL 4/19 -21/96
University of Wisconsin CPT & ICD 9 CM Advanced Coding Workshop (Credit – 7)	Madison, WI 11/2/96
Arthroscopy Surgery of Foot & Ankle (Credit – 7)	10/23/96
University of Minnesota Drug Interactions with Oral Antifungals (Credit – 1)	11/26/96
American College of Foot & Ankle Surgeons Arthroscopic Surgery, Dr. Grady (Credit – 14 Lab)	IL 11/23 – 24/96
Scholl College of Podiatric Medicine The Podiatric Physician's Guide to Physical Diagnosis (Credit – 10.5) 1996 – 61.5 CME	Chicago, IL 12/13 – 14/96

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CONTINUING MEDICAL EDUCATION: (CONTINUED)

American College of Foot & Ankle Surgeons 55 th Annual Meeting & Seminar of Foot & Ankle (Credit – 25.75)	Palm Springs, CA 2/5 - 8/97
Midwest Podiatric Conference (Credit – 20)	Chicago, IL 4/12 – 13/97
University of Wisconsin Annual Podiatric Medical Conference (Credit – 7) 1997 – 52.75 CME	Madison, WI 9/19/97
American College of Foot & Ankle Surgeons 56 th Annual Meeting & Scientific Seminar	Orlando, FL 2/98
The Podiatry Institute Complication of Foot & Ankle Surgery	Big Sky, MT 7/98
American College of Foot & Ankle Surgeons Trauma of the Foot & Ankle Surgical Course	Rosemont, IL 8/98
Medical College of Wisconsin A Team Approach to Diabetes 1998 – 79 CME	Milwaukee, WI 10/98
Scholl College of Podiatric Medicine Symposium on Contemporary Podiatric Medicine & Surgery	Chicago, IL 1999
The Podiatry Institute Complication & Consequences of Podiatric Medicine & Surgery (Credit – 16)	Hilton Head, SC 1999
OUM Podiatrist Program & Study – Risk Management (Credit – 6)	1999
William Goldfarb Foundation 19 th Annual Intensive RRR Course (Credit – 54) 1999 – 80 CME	Harrisburg, PA 1999
Arthritis: A Time To Get Serious (Credit – 3)	Milwaukee, WI
Institute for Continuing Healthcare Education Re-evaluating Neuropathic Pain Treatment Algorithms: New Data in the Management of Diabetic Peripheral Neuropathy and Postherpetic Neuralgia (Credit – 1)	Philadelphia, PA 5/17/00

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CONTINUING MEDICAL EDUCATION (CONTINUED)

Dr. William M. Scholl College of Podiatric Medicine And the Northwest Podiatric Foundation New Approaches for Treating Stress Fractures (Credit – 17)	Martha’s Vineyard, MA 8/00
American College of Foot & Ankle Surgeons Diabetic Foot Symposium (Credit – 14)	Rosemont, IL 10/13 – 14/00
University of Wisconsin Annual Podiatric Medial Conference (Credit - .6)	Madison, WI 10/20/00
Institute for Continuing Healthcare Education Osteoporosis: Advances in Patient Management (Credit – 1) 2000 – 42 CME	North Wales, PA 10/26/00
American College of Foot & Ankle Surgeons 2000 – 2001 Practice Management, Coding & Compliance Seminars for the Podiatric Surgical Practice (Credit – 22)	New Orleans, LA 2/01
American College of Foot & Ankle Surgeons Arthroscopic Surgery of the Foot & Ankle (Credit – 16)	Rosemont, IL 6/29 – 7/1/01
University of Wisconsin Podiatry 2001 (Credit – 6) 2001 – 44 CME	Madison, WI 10/05/01
University of Texas/Health Science Center Optimizing Onychomycosis Treatment: An Evidence Based Approach (Credit – 1)	San Antonio, TX 1/02
Temple University School of Podiatric Medicine 2002 ABPS & ABPOPPM Intensive Board Review Course (Credit – 30)	Philadelphia, PA 2/27 – 3/3/02
5 th Annual Jane Cremer Seminar Implementing Novel Research Findings for Early Detection And Prevention of Breast Cancer (Credit – 2)	Milwaukee, WI 4/23/02
Dr. William M. Scholl College of Podiatric Medicine Pre-Marathon sports Medicine and Diabetes Review (Credit 9)	Chicago, IL 10/11- 12/02
The Medical Profession: ours to Lose, Ours to Recover	Racine, WI 10/24/02

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CONTINUING MEDICAL EDUCATION: (CONTINUED)

United Shock Wave therapies Training Program	Milwaukee, WI 10/26/02
2002 – 45 CME American Podiatric Medical Association 2003 Annual Scientific Meeting (Credit – 23.5)	Washington, DC 8/7 – 10/03
Institute Peripheral Nerve Surgery (Credit- 25) Anatomical Workshop on Nerve Surgery (Credit – 25) 2003 – 73.5 CME SMS- Approved Course Neurosensory & Motor Testing (Credits - 25)	Baltimore, MA 2003 3/04
SMS – Approved Anatomical Workshop on Nerve Surgery (Credit – 25)	3/04
Institute Peripheral Symposium on Nerve Surgery To include Anatomical Workshop on Nerve Surgery (Credit – 25) 2004 – 75 CME Surgical Conference – American Women Podiatrists (Credit – 26)	Henderson, NV 10/04 Boulder, CO 10/05
Member of American Diabetes Association Professional Section 2005 – 26 CME Midwest Podiatry Conference Continuing education program at the Annual Scientific Conference (Credit – 26) 2006 – 26 CME	11/01/05 Chicago,IL 04/27-04/30/06
Midwest Podiatry Conference Continuing education program at the Annual Scientific Conference. (Credit – 26) 2007 – 26 CME	Chicago, IL 04/29-04/31/07
Midwest Podiatry Conference Continuing education program at the Annual Scientific Conference. (Credit – 26) 2008 – 26 CME	Chicago, IL 04/29-04/31/08

LECTURES:

Diabetes Mellitus Surgical Options – April 16, 1991
Presented to the Surgical Staff at Northwest General Hospital, Milwaukee, WI

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LECTURES: (CONTINUED)

Alternatives Modalities to Amputation in cases of Diabetes Mellitus Infection – Osetomyolitis presented to the Medical Staff at North Chicago Veteran’s Administration Hospital.

Podo-Geriatrics – August 10, 1992
Presented to the Kenosha Nursing Home Association, Kenosha, WI

Diabetic Foot Care – October 6, 1993 & September 20, 1994
Presented to the Kenosha Hospital Medical Center, Kenosha, WI
(Lecture repeated two to four times a year)

Understanding Neuropathy – August 31, 1994
Presented to Residents of St. Catherine’s Hospital

Diabetic Foot Care – August 31, 1994
Presented to St. Catherine’s Family Practice Physicians

Diabetic Foot Care – November 1, 1994
Presented to the Nursing Staff at St. Luke’s Hospital, Milwaukee, WI

Diabetic Foot Care/Prevention of Ulcerations – January 1996
Present to Kenosha Nurses Association

The Emergency Foot – 1997
Presented to the Pre-Med Club at University of Wisconsin – Parkside

DM Foot Common Foot Problems in Primary Care
Presented to the Medical College of Wisconsin Family Practice Residency Program

Bone Tumors with Metastasis to the Foot – May 1 1998
Presented to St. Catherine’s Hospital Physicians

Geriatric Care – June 1998
Presented to Senior’s at National Senior Health and Fitness Day

Path of CA in the Foot – November 11, 1998
Presented to Aurora Physicians & Staff

Common Foot Problems – April 1999
Presented to the 1999 Women in Math, Science and Technology Day at the University of Wisconsin – Parkside

The Rheumatoid Foot – January 27, 2000
Presented to Women Physicians

Team Approach to Diabetes – February 7, 2000

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LECTURES: (CONTINUED)

Presented to Racine – Aurora Physicians and Staff

Common Foot Problems – April 2000

Presented to the 2000 Women in Math, Science and Technology Day at the University of Wisconsin – Parkside

Wound Healing Strategies for the New Millennium – May 3 2000

Presented to the Gateway Technical College Associate Degree nursing Program

Common Foot Problems – April 2001

Presented to the 2001 Women in Math, Science and Technology Day at the University of Wisconsin – Parkside

Common Foot Problems – April 2002

Presented to the 2002 Women in Math, Science and Technology Day at the University of Wisconsin – Parkside

Onychomycosis in the Elderly – Guest Lecture – August 2002

Wisconsin State Medical Society of Osteopathic Physicians

Common Foot Problems – April 2003

Presented to the 2003 women in Math, Science and Technology Day at the University of Wisconsin – Parkside

“Ask the Doctor” Radio Program – April 12, 2003

Guest of All Saints Medical Center, Racine, live radio show with WRJN Radio (1400 AM) Vascular Disease and Prevention

Guest Lecturer – Wisconsin Osteopathic State Society meeting – August, 2006

Update Diabetic Neuropathy

ARTICLES:

Polymethylmethacrylate Beads Impregnated with Ceftazidime, as an Alternative to Amputation for Osteomyelitis in the Lower Extremity – 1990

Podiatric Surgery Interview

Kenosha Physical Therapist – June 2000

Decreasing the Risk Factors of Limb Loss in the Diabetic Patient _ October 2000
Podiatric Today

Ethic as it Applies to the Podiatric Physician – October 2001 – Podiatric Today

WORK HISTORY

Capelli-Shepler Family Medicine 7540 22 nd Avenue, Kenosha, WI	6/89-12/91
Cernak-Bruns Foot & Ankle Clinic 10100 75 th Street, Kenosha WI	12/91-3/04
Wisconsin Neuropathy Center, LLC 7201 Green Bay Road, Kenosha, WI	8/04-2/05
Wisconsin Neuropathy Center, LLC 8600 75 th Street Suite 103, Kenosha, WI	2/05-Present
Southeast Wisconsin Surgical Suites Medical Director 8600 75 th Street Suite 103, Kenosha, WI	2003 - Present

REFERENCES:

Adolf Galinski, DPM
3333North Green Bay Road
North.Chicago, IL 60064

Michael Engel, DPM
6707 39th Avenue
Kenosha, WI 53142

John A. Martini, MD
3805B Spring St. Suite 250
Racine, WI 53405

Carolyn G. Newton, MD
6415 203rd Ave
Bristol, WI 53104

Updated : 05/08